

Diving Required List 2016-2017

Week of	Varsity	Modified
11/29	Forward	
12/4	Back	
12/11	Inward	
12/18	Twist	
12/25	(no scheduled meets) so choice	
1/1	Reverse	
1/8	Forward	
1/15	Back	
1/22	Inward	Forward
1/29	Twist	Forward
2/5	Reverse (no meets scheduled)	Back
2/12		Inwards
2/19	February Break – no modified meets scheduled	
2/26		Forward

If any teams have meets outside of the assigned dates then the two coaches can agree on the required dive for that meet. The same plan applies when teams from outside the area when competing in a dual meet in Section 3.